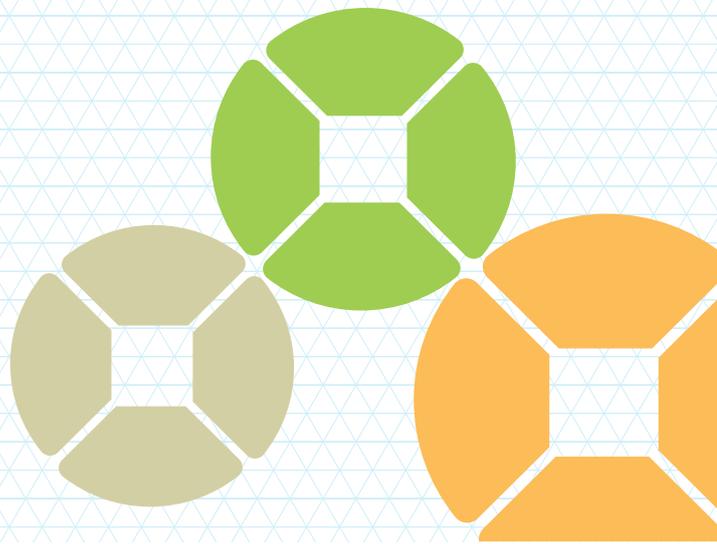


Learning at home during a time of crisis COVID-19 (Coronavirus)



Remote learning for children and young people with disability

This resource has been developed by ACIE to assist children and young people with disability and families to organise and plan for learning at home during the COVID-19 pandemic. The responsibility for education of children and young people during this time of crisis remains the responsibility of the Australian and state and territory governments.

This resource provides general guidance and advice only and links to supplementary resources and is not designed to replace advice and content provided by your early childhood education service, school or education department or to provide a full education experience. ACIE does not guarantee, and accepts no legal responsibility whatsoever arising from or in connection to the accuracy, reliability, currency, correctness or completeness of any material contained in this resource.

If your school has moved to remote learning, they are still required to comply with the Disability Discrimination Act (DDA) and the Disability Standards for Education (DSE). This prohibits discrimination against students on the basis of their disability and includes ensuring that they are not treated less favourably than non-disabled students and that they are provided with reasonable adjustments where needed to access the general curriculum. The term 'reasonable adjustments' refers to a measure or action taken to help a student with disability take part in education courses and programs, on the same basis as a student without disability.

Australian Coalition for Inclusive Education (ACIE)

ACIE is a national coalition of organisations working together to advance Inclusive Education in Australia and across State and Territory education systems. We pledge our support to the goal and principles of inclusive education as a fundamental human right of every person, and the elimination of barriers and discrimination against children and young people with disability in education and in society as a whole. This pledge is just as important during a time of crisis such as this.

We hope that you find this information useful and would be interested in your feedback. Please email info@cyda.org.au with any feedback you have on this resource or any other feedback you would like to provide.

Hints and tips for learning at home

These hints and tips for learning at home cover the following areas.



Looking after you and your family



HINTS AND TIPS

- Nobody can replicate the exact experience of early childhood education or school at home. Please be realistic and kind to yourself and your family.
- Healthy food options, sleep, fresh air and exercise are still fundamentals.
- Stay connected (safely) – use social media, Facetime, conference calls, video conferencing to stay linked into peers and friends.
- Be prepared for technology glitches and slow internet. With so many people trying to access many of the same things, there will be flaws and failures.
- Keep instructions, passwords, support numbers and links in one spot for easy access. Try and keep these challenges in perspective and have some backup activities or distractions ready to go.



LINKS AND GUIDANCE

- Looking after your mental health www.headtohealth.gov.au
- Resources for talking to your children www.emergingminds.com.au and www.raisingchildren.net.au
- Tips to help comfort and protect children www.unicef.org.au
- Useful information to help you stay safe online www.esafety.gov.au

Staying connected socially (virtually)



HINTS AND TIPS

Who

Develop or keep routines that mean you and your family stay connected with:

- each other – take time to just be with each other, sit and connect
- early childhood education, school and club community – how can your child stay connected? Start small and with people who understand communication and other differences
- ask your school how they are connecting with students or are planning to connect with students online. You want to make sure they include your child in online forums if they are currently being used or they plan to use them
- friends and family – keep it short and sweet!
- neighbours – keeping your distance, check in with neighbours and maybe even introduce yourselves if necessary
- wider community – what's going on in the neighbourhood, how are people emotionally supporting each other or local businesses? Share information and keep your family apprised of interesting activities.

How

Possible ways to connect:

- connecting with neighbours – across fences, balconies and yards chat, share stories and maybe even music
- regular catch ups – phone, emails and/or digital connections
- sharing stories – we all love stories, short or long and visual or spoken. Share stories within your family as to what others are up to and that we are all doing our part
- planning for the future – talk about and plan by making lists of things you are looking forward to, drawings of a plan, saving photos of things you want to do in the future
- virtual clubs – book, special interests. Check out what's happening online in this space
- plan the same activities with your friends and share experiences and stories virtually
- get thankful with your community – do you have eggs to share, flowers to put in letter boxes, notes to write.

Accessing useful content and curriculum



HINTS AND TIPS

Consider

...accessing the curriculum provided by the school...

- What resources are being provided by your child's teachers, school or education department? What do they suggest as the best option for the presentation of materials – print or online?
- How are support services such as the provision of individualised learning material going to be delivered to your child at this time? What staff or supports will be available to ensure that any curriculum content is accessible to your child and that reasonable adjustments are provided?
- Seek from them the best option for instruction giving – text and visuals, or recorded videos and screen shots etc.
- Frequency and mode of check ins – how often and via what means would you like contact to be made re clarification around curriculum tasks, general wellbeing check ins etc.
- Establishing expectations around production – how can learning output be best captured, how often, how to return it etc.
- Establishing expectations around the amount and type of work the parent/carer is comfortable engaging in with their child.

...additional considerations...

- What topics or tasks does your child enjoy? Typically, maths and English are 50% of the day's academic or learning content.
- More than one child? Look at how you can combine their work together or does it suit your family to work separately and independently at times? Peer tutoring strategies can work well for siblings at different stages of learning.
- High School students typically have between 5–8 teachers. Contact each teacher and request copies of assignments, rubrics and any lesson plan ideas. This is a great opportunity to work in partnership with your child's teachers.

Projects

- You can build everyday maths and English into a project.
- Following instructions to make something – reading, writing and timing how long it takes to do something.
- Learning a new skill and combining a written record.
- Exploring a special interest in new ways.



LINKS AND GUIDANCE

- The Australian curriculum www.australiancurriculum.edu.au
- Adjustments for students with disability www.australiancurriculum.edu.au
- School assessment during a crisis www.research.qut.edu.au

Considering what structure works for you



HINTS AND TIPS

- Would the typical school timetable be a good starting point for routine and easily converted into a visual timetable for the day?
- Balance academic learning with other learning.
- Reflect and review – regularly reflect on what’s working well and what might need to change.



LINKS AND GUIDANCE

- Visual schedules (free) www.teacherspayteachers.com
- The role of routines www.raisingchildren.net.au

Considering other resources



HINTS AND TIPS

- Do you have access to reliable internet and a device (tablet or laptop) for digital access?
- Has your school sent instructions for accessing shared resources?
- Do you have someone who can print relevant documents?
- Do you have a camera that you can use to record what you get up to?

Learning that does not need the internet or a device:

- reading and exploring books
- exploring nature – big and small
- practising new physical skills
- interacting with pets
- looking at family photos discussing – who, where and when
- listening to and making music – formal and homemade instruments
- outdoor nature scavenger hunt
- choose random items around your house and then write a story about them
- board games
- create an indoor or outdoor obstacle course
- choose a letter/word of the day and identify as many things starting with that letter/word during the day.



LINKS AND GUIDANCE

State and territory education resources

- New South Wales www.education.nsw.gov.au
- Victoria www.education.vic.gov.au
- Queensland www.education.qld.gov.au
- Tasmania www.education.tas.gov.au
- South Australia www.education.sa.gov.au
- Western Australia www.education.wa.edu.au
- Australian Capital Territory www.education.act.gov.au
- Northern Territory www.coronavirus.nt.gov.au

Keeping a record of achievement and progress



HINTS AND TIPS

- Record your daily effort – photos, videos, audio recordings, saving documents, notebooks.
- Ask your child what they have done – draw, write, type, pointing to pictures.



LINKS AND GUIDANCE

- Work samples www.australiancurriculum.edu.au
- Examples of more comprehensive reporting www.educationstandards.nsw.edu.au

Staying engaged



HINTS AND TIPS

- Small chunks of learning with regular breaks will keep everyone engaged and connected.
- Talk about progress and what you are all enjoying about learning together.
- Build in rewards for all – children and adults!
- Identify what motivates your child? If they love being filmed, they may be more willing to do some tasks.
- Ask for help (refer list below).



LINKS AND GUIDANCE

- Planning and managing for break times www.northstarpaths.com
- Tips for Family Quarantine www.growmedical.com.au

Other useful resources



DIGITAL CONNECTION TOOLS

Facetime	www.support.apple.com/en-au/
Zoom	www.zoom.us
Whatsapp	www.whatsapp.com
Skype	www.skype.com/en/
Google hangouts	www.hangouts.google.com
Voice based learning	www.bamboolearning.com
Seesaw	www.seesaw.me
Houseparty	www.houseparty.com
Alexa	www.amazon.com.au/alexa



NUMERACY AND LITERACY

CODERead	www.codereadnetwork.org
SPELD	www.speld.org.au
GoNoodle	www.gonoodle.com
Math and Reading games	Fun Brain: www.funbrain.com ABCYA: www.abcya.com ARC Academics: www.arcademics.com
Math as a fun part of your daily family routine	www.bedtimemath.org
Virtual manipulatives or Back-to-Front Maths	www.mathsbot.com and www.backtofrontmaths.com.au
Short videos about numbers that help kids explore complex math topics and make math more fun	www.numberphile.com
Games to get “into the book”	www.reading.ecb.org
Magic Spell is a carefully crafted spelling adventure	www.brainbox.games

Phonics skills	www.starfall.com
Read, play games, and hang out with Dr. Seuss	www.seussville.com
Math practice from counting to algebra and geometry	www.mathscore.com
Fave kids' books read by famous people	www.storylineonline.net
Literacy Blog	www.theliteracyblog.com
Teaches students how to write a paragraph through interactive online tutorial	www.paragraphpunch.com



AUGMENTATIVE OR ALTERNATIVE COMMUNICATION

Assistiveware, Proloquo2Go and the Core Word Classroom	www.assistiveware.com and https://coreword.assistiveware.com/login
PrAACtical Resources: Dealing with the Covid-19 Pandemic	www.praacticalaac.org
Boardmaker resources	www.goboardmaker.com



CULTURE AND COMMUNITY CONNECTIONS

Link to ABC material for Aboriginal and Torres Strait Islander histories and cultures	https://education.abc.net.au
Multicultural Australia's Culture of Connection campaign	www.multiculturalaustralia.org.au



PHYSICAL MOVEMENT

Free at-home kids yoga lesson plans	www.littletwistersyoga.com
Kid-friendly workouts — choose from Strength for Kids, Agility for Kids, Flexibility and Balance for Kids, Warm-Up for Kids, Cooldown for Kids, Stand Up and Move for Kids, OR create your own custom kid workout	www.sworkit.com



SUSTAINABLE AND GREEN INITIATIVES

Plant some seeds and spend some time each day caring for your plants as they grow. Plan some recipes to cook when your plants are ripe for harvest.

No packaging, no food miles, fresh produce... win, win, win!

Start a compost bin or worm farm

Got lots of scrap paper? Search for some cool origami patterns

Organise your recycling system

Do some craft with your recycling

Declutter, ready to donate your stuff when the pandemic is over

Got spare fabric? Sew yourself some vege bags to avoid using plastic bags for fruit and vegetables

Do some baking!



MUSIC

Poetry and music

www.thewell.world

Introductory and intermediate music theory lessons, exercises, ear trainers, and calculators

www.musictheory.net

At home OT, PT, and ST resources designed to build skills in children through movement and play

www.theotttoolbox.com



LANGUAGES

Vocabulary, grammar, listening activities and games in Spanish, French, Italian, German, Portuguese, Korean, and Latin or Foreign languages

Conjuguemos: www.conjuguemos.com

Duolingo: www.duolingo.com



COUNTRIES AND CULTURES

Travel to Paris, France to see amazing works of art at The Louvre with this virtual field trip

www.louvre.fr/en/

This Virtual Tour of the Great Wall of China is beautiful and makes history come to life

www.thechinaguide.com

British Museum is in the heart of London and allows virtual visitors to tour the Great Court and discover the ancient Rosetta Stone and Egyptian mummies

<https://britishmuseum.withgoogle.com>



PROJECTS AND OTHER SKILLS

Day-by-day projects to keep kids reading, thinking, and growing

<https://classroommagazines.scholastic.com>

3 Free Weeks of Maker Stations to keep your children creating at home! Each challenge includes simple instructions using materials around the house, QR code video resources, and a student recording sheet

<https://drive.google.com/file/d/1T4CZCt8hJqYLVt5ZVYpR7SgHLWDWaaUO/view>

Crafts, activities, mazes, dot to dot, drawing etc.

www.allkidsnetwork.com and www.creativebloq.com/free-kids-drawing-lessons

Fun games, recipes, crafts, activities for indoors

www.highlightskids.com and www.spreadthehappiness.co.uk



SCIENCE AND HISTORY

Space science for kiddos NASA

www.nasa.gov/kidsclub

Explore the surface of Mars on the Curiosity Rover

<https://accessmars.withgoogle.com/>

High school chemistry topics

www.acs.org

Hands on Elem science videos

www.backpacksciences.com

Biology

www.biologysimulations.com

Digital archive of history

www.bunkhistory.org

Online history classes for all ages preteen through adults

<https://school.bighistoryproject.com>

Daily free science or cooking experiment to do at home

www.clubscikidzmd.com

Interactive video earth science-based curriculum supplement

www.everyday-earth.com

3D printing projects and Coding projects, involving math and other K-12 subjects	www.instructables.com
Science projects that can be completed with or without Internet access	www.sciencespot.net
Learn to code	www.codecademy.com
A human visualization platform that allows students to explore the human body	https://human.biodigital.com



ANIMALS AND NATURE

The San Diego Zoo has a website just for kids with amazing videos, activities, and games. Enjoy the tour!	https://kids.sandiegozoo.org/
Tour Yellowstone National Park!	www.nps.gov/yell
This Canadian site Farm Food 360 offers 11 Virtual Tours of farms from minks, pigs, and cows, to apples and eggs	www.farmfood360.ca
Play games and learn all about animals	www.switchzoo.com
Geography and animals	https://kids.nationalgeographic.com/
Farmer's almanac for kids... Date, weather, moon phase, etc.	www.almanac.com/kids
Guide to gardening for kids	https://web.extension.illinois.edu/firstgarden/

This resource was developed by the Australian Coalition for Inclusive Education (ACIE)



All Means All – The Australian Alliance
for Inclusive Education – National
www.allmeansall.org.au

Children and Young People with
Disability Australia (CYDA) – National
www.cyda.org.au

Family Advocacy – NSW
www.family-advocacy.com

Imagine More – ACT
www.imaginemore.org.au

JFA Purple Orange – SA
www.purpleorange.org.au

Queensland Advocacy
Incorporated (QAI) – QLD
www.qai.org.au

Queensland Collective for
Inclusive Education (QCIE)
www.qcie.org

Tasmanian Disability Education Reform Lobby – TAS
www.tasmaniandisabilityeducationreformlobby.com

Youth Disability Advocacy Service
www.yacvic.org.au/ydas/

Youth Disability Advocacy Network
www.ydan.com.au