

## Things I want you to know about me...





"Although we may seem similar, we have really different interests and ways we use our plans." (Tahlia)

Preferred name
Legal name
Pronouns
How I identify
☐ Disabled ☐ Person with disability ☐ Autistic
How I like to communicate
Auslan In-person Phone Zoom Chat function
Communication boards or cards
What are my strengths
What are my interests
Trial die my mierode
What is important to me
What is going on in my life currently

Things I would like to do more of
What are my goals for one year
What are my goals for five years
What support do I believe I need to achieve my goals
What does being a young person mean to me





Disclaimer: CYDA's In Control My Way resources have been created to support families of children and young people with disability to help manage their NDIS plans. Information provided is intended as a general guide and may not contain the most recent information and updates. CYDA is not responsible for decisions made by the NDIA or its partners in the community. For the most current information on the NDIS, refer to the NDIS website. These fact sheets are current as of June 2023. View the full set of In Control My Way resources at: www.cyda.org.au .