**A blue and white circle with a letter i

Description automatically generated**

**Information about you for the NDIS**

# Children and Young People with Disability Australia

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| About this book | |
| A logo with text on it  Description automatically generated | This book is from Children and Young People with Disability Australia or CYDA. |
|  | This book has some hard words.  Hard words are in **bold**. |
| A person looking at a piece of paper  Description automatically generated | We tell you what they mean. |
| **A blue and white circle with a letter i  Description automatically generated** | This book is for you to tell  the NDIS about you. |
| A person typing on a computer  Description automatically generated | You can write or type your answers to the questions in this book. |
| A person and person sitting and talking  Description automatically generated | You can ask someone to help you fill in  this book. |
| A person in a wheelchair and a person in a wheelchair  Description automatically generated | You can bring this book to your NDIS  planning meeting. |

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| Questions about you | |
|  | What is your name? |
|  | What do you like people to call you?  You might like people to call you by your name or something else. |
| A person holding a sign  Description automatically generated | What are your **pronouns**?  **Pronouns** are words people use to talk  about you.  Pronouns can be   * she or her * he or him * they or them |

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| How do you like to communicate? | |
|  | You can choose more than 1. |
|  | * Auslan |
| **A person and person sitting and talking  Description automatically generated** | * in person |
| A person talking on a cell phone  Description automatically generated | * phone |
| A person looking at a computer screen  Description automatically generated | * Zoom |
|  | * text or email |
|  | * communication boards. |

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| Questions about your life | |
| A group of people sitting at a table with thumbs up  Description automatically generated | What are you good at? |
|  | What do you like to do? |
|  | What is important to you? |
|  | Who are the people who support you? |
|  | What do you want to do more?  For example, you might want to see friends every day. |
| A person in a wheelchair and a person in a wheelchair  Description automatically generated | What are your **goals** for 1 year?  Goals are things you want to happen.  For example, you might want to get a job. |
| A calendar pages with a red and white background  Description automatically generated with medium confidence | What are your goals for 5 years? |
|  | What support do you need to achieve  your goals? |

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| More information | |
| A logo with text on it  Description automatically generated | For more information you can  contact CYDA. |
| **A person talking on a cell phone  Description automatically generated** | Call 03 9417 1025 |
| **A computer with a blue screen  Description automatically generated** | Website cyda.org.au |
|  | Email [info@cyda.org.au](mailto:info@cyda.org.au) |

You can read the full document ‘Navigating Advocacy’ on our website. CYDA’s In Control My Way resources have been created to support families of children and young people with disability to help manage their NDIS plans. Information provided is intended as a general guide and may not contain the most recent information and updates. CYDA is not responsible for decisions made by the NDIA or its partners in the community. For the most current information on the NDIS, refer to the NDIS website. These fact sheets are current as of June 2023.

Pictures by Photosymbols.