



# **What you need to know about the National Youth Disability Summit**

## About this book



This book is from Children and Young People with Disability or CYDA.

This book has some hard words.

Hard words are **bold**.



We will tell you what the hard words mean.



You can ask someone to help you read this book.



This book is about the **National Youth Disability Summit**.



The **National Youth Disability Summit** is an event for young people with disability in Australia.

We call it the summit.

At the summit you will



- meet other disabled young people



- hear from guest speakers

- learn about **advocacy**.



**Advocacy** is when we speak up about important issues.

## When is the summit?



We will have a meeting for everyone who will be at the summit.



The meeting will be on Monday 13 May.



The meeting will start at 6 PM Melbourne time.



The meeting will end at 7.30 PM  
Melbourne time.

At the meeting we will talk about



- what will happen at the summit

- the summit **themes**.



**Themes** means the areas we will talk about at  
the summit.

You do not have to come to the meeting on  
13 May.



Day 1 of the summit will be Wednesday  
22 May.



Day 2 of the summit will be Thursday 23 May.

# Where is the summit?

The summit will be



- online



- in person.



The in person part of the summit will happen  
in Melbourne.



# Who can go to the summit?

You can come to the summit online if you

12 ↔ 30

- are from 12 to 30 years old



- have disability.

16 ↔ 25

You can come to the summit in person if you have disability and you are from 16 to 25 years old



People with any disability can come to the summit.

# What we will talk about at the summit



At the summit we will talk about 3 themes.



We will talk about **community**.

**Community** is about



- how to ask for help



- how to help others.



We will also talk about **identity**  
**and empowerment.**

**Identity and empowerment** is about

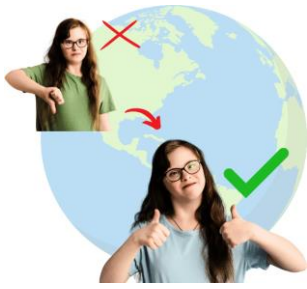


- how to speak up



- how to tell your story.

We will talk about how you can be part of  
**systemic advocacy.**



**Systemic advocacy** means you try to make change for all disabled people.

We will also talk about how you can be part of **grassroots advocacy**.



**Grassroots advocacy** means lots of people work together to make change.

# Parents carers and support workers



You can bring a parent, carer or support worker to the summit.



The person who will support you does not need to fill in the online form.

Your support person does not have to pay to come to the summit.



We cannot pay for your support person to travel to the summit.

## Recording at the summit



We will record all Zoom meetings.

We will only share the recordings with  
CYDA staff.



You will not be able to watch the recordings.



There will be a person at the summit to  
take photos and videos.

You can tell us if you do not want to be in photos or videos.

## How we will make the online summit accessible

**Accessible** means everyone can



- come to the summit



- understand information at the summit.

We will have a social story for the online summit.

The Zoom meetings will have



- Auslan



- captions

- breaks.



The Zoom meetings will also have **audio description**.



**Audio description** means we explain information for people who cannot see.

You do not have to go to all the summit sessions.

# Accessibility at the summit in person

In person we will have



- Auslan



- support workers



- breaks.



We will have a social story for the in person summit.

We will have a **sensory room**.



A **sensory room** is a quiet space.



We will make sure people who use wheelchairs can come to the summit.



For example we will have a wheelchair accessible bathroom.



We want the summit to be **fragrance free**.

Fragrance free means you should not wear



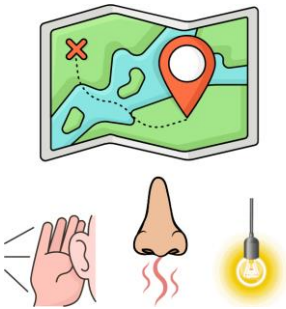
- perfume



- deodorant with a strong smell.



We will have beanbags you can use if you need to lie down.



We will have a **sensory map**.

A sensory map will show where there is a lot of



- noise



- light



A sensory map will also show you where there is lots of smells.



We will have a map for people who cannot see.

We will send you an **access key** before the summit.



An **access key** has information about how an event will be accessible.



We will send you a video about accessibility at the summit.



We will also send you more information about the summit in Easy Read.



Each session will be a different colour.



Green means low.



Yellow means you can talk to people or stay by yourself.



Red means lots of people will talk.



## Tell us you want to come to the summit



You must fill in an online form if you want to come to the summit.



We have some [Easy Read information about the form.](#)

## How you can get to the summit



If you do not live in Victoria we might pay for some of your travel costs.



You can use the form to tell us if you want help with travel.

## If you can come to the summit



We will tell you if you can come to the summit on 29 April.



We will email you.

If we say you can come to the summit we will send you some more information.



We might ask if you want to come to the summit online instead of in person.

# COVID safety at the summit



We want to keep everyone safe from COVID.



If you come to the summit in person please do a Rapid Antigen Test or **RAT** before you come.

A **RAT** is a test you can do at home.



A positive RAT means you have COVID.



Do not come to summit if your RAT is positive.



If you get COVID you can watch the summit online.



We will have masks at the summit that you can choose to wear.



We will have hand sanitiser at each table.

We will have **air purifiers** at the summit.



**Air purifiers** are machines that clean the air.



There are no windows we can open at the summit.



We will have **COVID safety officers**.



COVID safety officers will make sure each table has masks and RATS

COVID safety officers will also

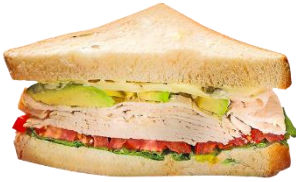


- make sure we have sanitiser



- make sure the air purifiers are on.

We will give you



- lunch



- a snack.



You can bring your own food.

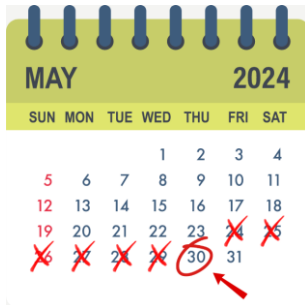


If you bring your own food you can eat outside.

# COVID safety at the summit



You must tell us if you have COVID when you are at the summit.



You must also tell us if you find out you have COVID up to 7 days after the summit.



We will tell you if anyone at the summit has COVID so we can keep everyone safe.



## More information



For more information contact CYDA.



Call 03 9417 1025



Email

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Website [cyda.org.au](http://cyda.org.au)

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