





Looking for a job



About this book



This book is about looking for a job.



This book is about

deciding what type of work you want to do



• knowing where to look for jobs



• finding workplaces that are disability friendly.

What do you want to do?



Start by thinking about your

• values or ideas you believe in



• interests or things you enjoy doing



• skills or things you are good at.



The **MyFuture** website can help you learn more about jobs that might work well for you.



All website links are at the end of this book.

Work environment



Think about the work environment you might like.



A work environment might mean you

• work at home or in an office



• work inside or outside



• work by yourself or in a team



• a mix of all of the above.

Every job will look and feel different.

Your rights



You have rights when you look for jobs.



Rights are the things we all have. For example, you have the right to be treated in a fair way.



Laws protect your rights when you

• apply for any job



• work in any job.



The **Disability Discrimination Act** is a law that protects your right to fair treatment at work.

Where to look for jobs?



Help online

Sites that help you find jobs include

SEEK



• The Field

• Ethical Jobs

• ProBono.



All website links are at the end of this book.



Help from your network

You might have a network of people who can help you find a job to apply for.



Your network might include

• friends



• family



people you went to school with



people you know who are working in an area you like.

Help from employment agencies



Employment agencies are companies that can connect you to new jobs.

Community ads



Sometimes there are job ads around the community. For example, a sign at the front of a local cafe.



Community notice boards might have information about jobs.



Is the workplace disability friendly?

Check for accessible spaces



Check if the workplace has

accessible parking



• ramps



good lighting



clear signs.

Check for inclusive practices



Inclusive practices mean the workplace meets the needs of employees with disability.

Check if the employer has inclusive practices.

For example

CC

• they use captions in online meetings



 they offer flexible work hours. Flexible means work hours suit your access needs



• they have a Disability Action Plan.



Check for accessible recruitment

Ask the employer if their **recruitment process** is accessible and inclusive.



A recruitment process is the way that employers support you to join the workplace.



Learn more about the workplace



Look at the **About Us** page of the workplace and check for information about disability inclusion.



Helpful websites



Find accessible employers

https://includeability.gov.au/resources-people-disability/identifying-accessible-and-inclusive-employers



Get disability support at work

https://www.disabilitysupportguide.com.au/ information/article/job-hunting-tips-finding-workwhen-living-with-a-disability



MyFuture website

https://myfuture.edu.au/



NDIS support for school leavers

https://www.ndis.gov.au/participants/findingkeeping-and-changing-jobs/leaving-school



Job Search websites

https://www.ethicaljobs.com.au/



https://www.thefield.jobs/Job/

https://probonoaustralia.com.au/

https://www.seek.com.au/

https://au.indeed.com/



School Leavers Information Service

A school leaver is a person who just finished school. For example

• a young person who is about to leave school

• a young people who has just left school.



Phone 1800 227 337



Text **SLIS2023** to 0429 009 435



Email schoolleavers.nci@dewr.gov.au



More information



Email CYDA

YouthactionTeam@cyda.org.au



Call CYDA

0423 833 523



Services to help you call us



If English is **not** your first language

Call **TIS** or the Translating and Interpreting Service

131 450



If you have communication disability

Call the NRS or National Relay Service

1800 555 660



If you use TTY or teletypewriters

Call the NRS or National Relay Service

1800 555 677









CYDA's DREAM resources have been created to provide general information to employers and young people with disability who may be seeking employment. The content has been informed by a co-design process with employers and young people with disability. Funding for the project was provided by the Australian Government's Department of Social Services, as part of a Disability Youth Leadership Grant.

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