



Children and Young People  
with Disability Australia

# Information about children and young people with disability



**CYDA**





Children and Young People  
with Disability Australia

## About this book

This book is from CYDA.

CYDA means Children and Young People with Disability Australia.



We help

- children and young people with disability



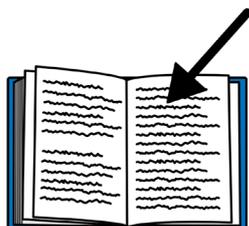
- parents

- carers.



This book has some hard words.

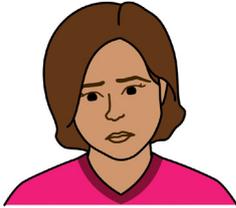
The hard words are **bold**.



We write what the hard words mean.



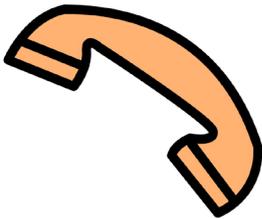
You can ask for help to read this book.



Some information in this book might make you feel upset.



You can talk to someone about how you feel.



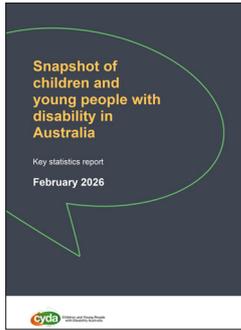
You can call Lifeline.

13 11 14



We wrote a report about children and young people with disability.

The report is about people who are 0 to 25 years old.



This book is about our report

You can read the full report on our website.

## Why we made this report



We want to help children and young people with disability.



The report helps us understand problems for

- children and young people with disability

- their family.



The report has **data** about children and young people with disability.

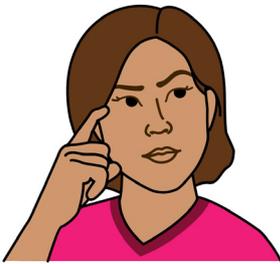


Data means information.

Some data is called **statistics**.

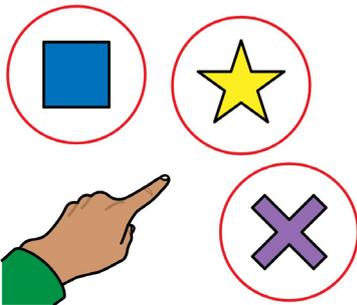
1 4 9  
5 2 8

Statistics means numbers.



We use data to help us

- understand a problem
- know how to fix a problem.



The government uses data to make decisions.

For example, to decide who needs **funding**.

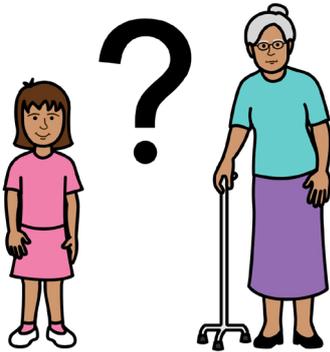


Funding means money.

## What did we find out about disability?



We use **demographics** to find out about different groups of people.



Demographics means data about people.

Data about people might be

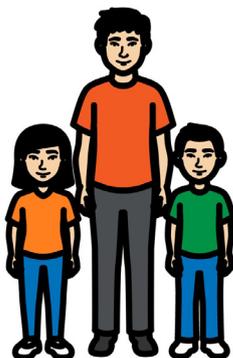
- age



- where you live.

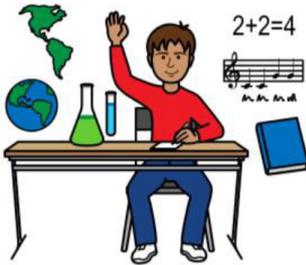


More than half of children and young people have more than 1 disability.



Lots of children and young people with disability have a parent with disability.

## What did we find out about education?



Education is about

- how you learn
- where you learn.



For example, some people go to university.



Early childhood education and care is for children who are 0 to 5 years old.

For example, kinder.



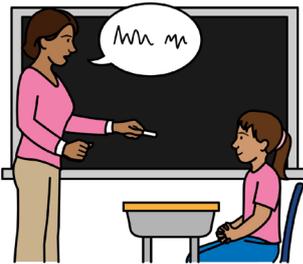
Around 20 percent of children need help to learn.

But most children do not

- get help



- feel included.



We want to make sure children get help to learn.

**Barriers** make it hard for you to do something.



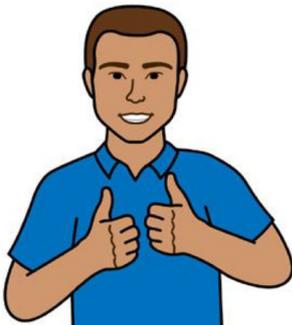
For example, some children are not allowed to go to childcare because of their disability.

There are more barriers for young people with psychosocial disability.



Psychosocial disability changes how you

- think



- feel

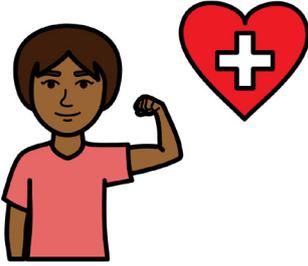
- act.



There are more barriers for young people who live in **remote areas**.

Remote areas means far from the city.

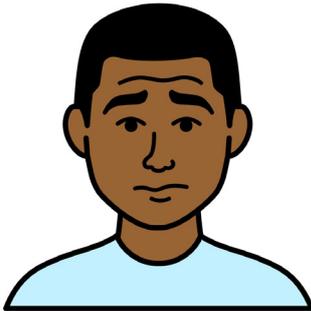
## What did we find out about health and wellbeing?



Health and wellbeing is about how you feel.

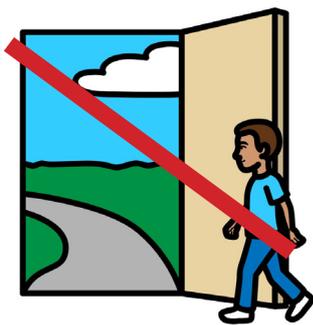


The report tells us about health problems disabled young people have.



Many disabled young people have **anxiety**.

Anxiety is when you worry a lot.



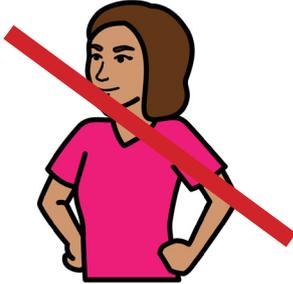
Anxiety might make it hard for you to do things, like leave the house.

Many young people with disability have at least 1 **chronic illness**.



Chronic illness is when

- you are sick
- you do not get better.



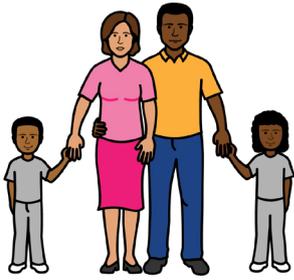
We want to make sure disabled young people with health problems get help.

## What did we find out about housing and transport?

People with disability are more likely to be **homeless**.

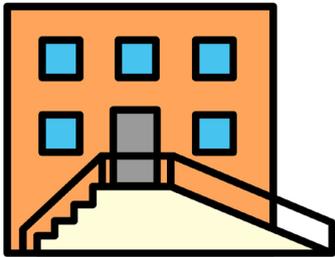


Homeless means you do not have a place to live.



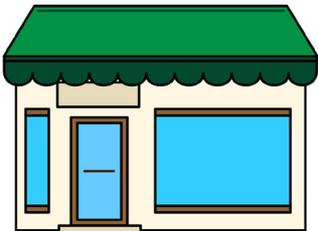
Most disabled young people live with family.

Many houses and buildings are not **accessible**.



Accessible means you can

- get into a building
- use a building.



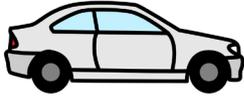
Buildings that are not accessible include

- shops
- banks



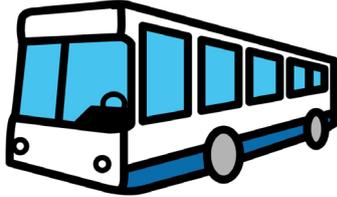
- doctors clinics.

Transport means how you get to places.

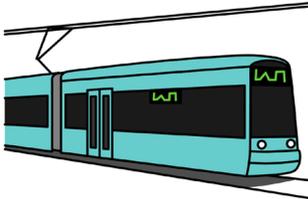


Transport can be

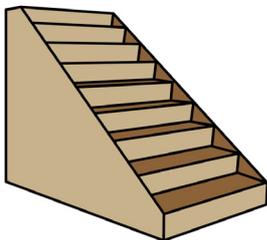
- car



- bus



- tram.



Barriers to transport include

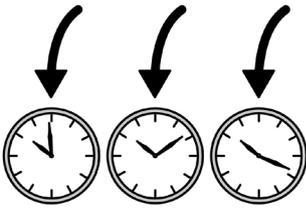
- steps
- not enough seats
- feeling scared.



## What did we find out about money?

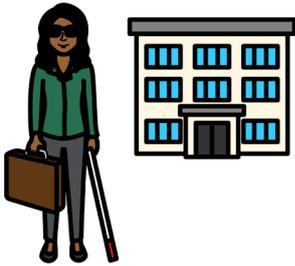


**On average**, people with disability earn half as much money as people without disability.



On average means most of the time.

Young people with disability are less likely to find a job than young people without disability.



We want to make sure young people with disability can get jobs.

This report tells us

- how many disabled young people have jobs
- what makes it hard for disabled young people to get jobs.

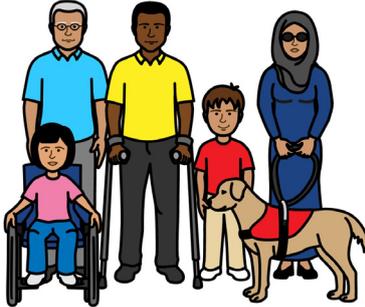




Many disabled young people want more work.

There are more barriers to get a job for

- people with psychosocial disability



- people who live in remote areas

- women.

Many disabled young people need **income support**.



Income support is money from the government, like

- Disability Support Pension.



The Disability Support Pension is not enough money for most people to live on.

## What did we find out about the NDIS?

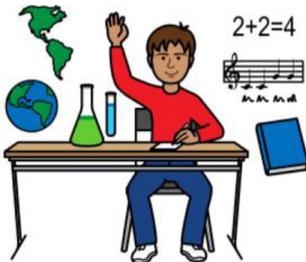


The National Disability Insurance Scheme supports people with disability.

We call it the NDIS.



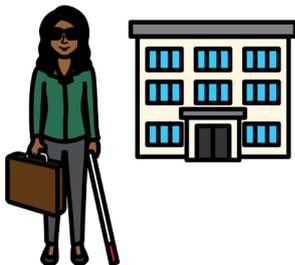
More than half of people on the NDIS are children.



Many young people use the NDIS for help

- to learn

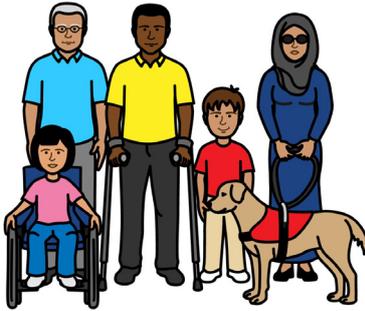
- to make friends



- to work.

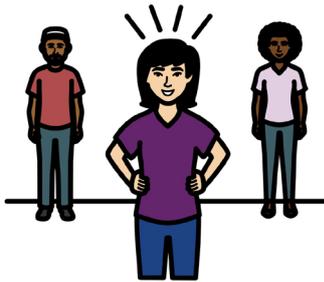


Many disabled young people need more help from NDIS.



There are more barriers to NDIS support for

- people who do not have much money
- people from a different culture



- girls
- people with intellectual disability.

## What did we find out about safety and justice?



Justice is about when things are not fair.

Children and young people with disability are more likely to experience **abuse**.



Abuse means someone hurts you.



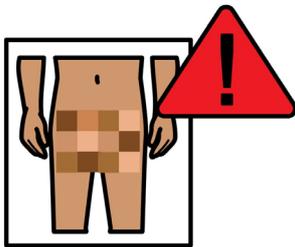
Young women with disability are more likely to experience **sexual abuse**.



Sexual abuse means someone

- makes you have sex when you do not want to

- makes you touch their private parts when you do not want to

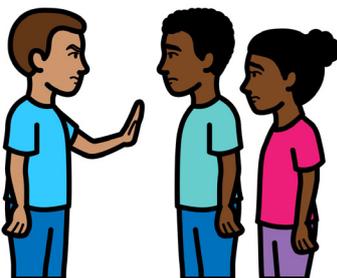


- touches your private parts when you do not want them to.



Many people are not fair to young people with disability.

For example



- strangers
- people at work.

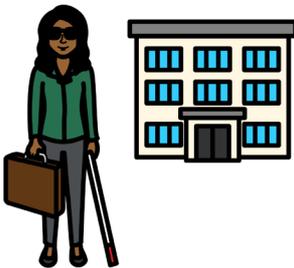
## What did we find out about social and community participation?

Social and community participation is about how you

- make friends
- get to know other people.



Many people with disability volunteer.



Volunteer means you

- work
- do not get paid.



Many young people also volunteer.

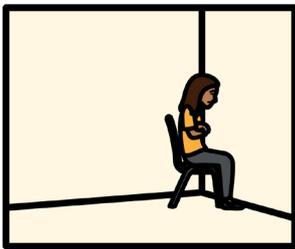


Many disabled young people see friends every week.



It can be hard for young people with disability to be part of the community because they

- do not have enough money



- feel lonely.

## We need more data



We found lots of data about disabled people.

For some topics we did not have data about disabled young people.



For example, we need to know more about how many disabled young people volunteer.

## What needs to change



The report shows that things need to be better for people with disability.

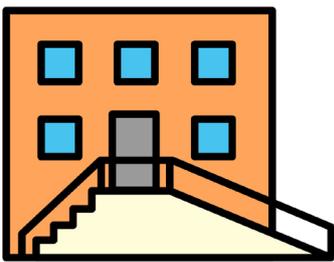


Most parents think childcare needs to be more **inclusive**.

Inclusive means for everyone.



Healthcare also needs to be more inclusive.



Buildings need to be more accessible.

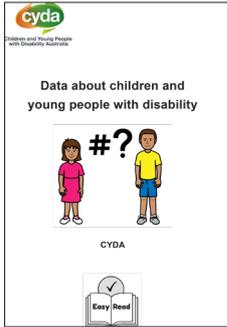
Children and young people need better support from the NDIS.



People with disability need more income support.

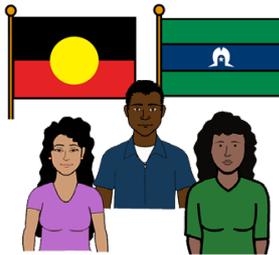
# Acknowledgement of Country

We made this book on  
First Nations land.



First Nations means

- Aboriginal
- Torres Strait Islander.



We are glad to share

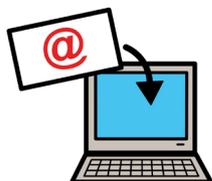
- land
- water
- community.





## More information

You can contact CYDA.



Email [info@cyda.org.au](mailto:info@cyda.org.au)



Call 03 9417 1025



Website [cyda.org.au](http://cyda.org.au)

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