

TAKING CHARGE OF CHANGE

PARENTS AND CARERS OF CHILDREN AGED 8-12

TUESDAY
2 JUNE
ABORIGINAL
LAND



OVERWHELM IS
A RATIONAL
RESPONSE TO IT
ALL

Take Charge
of Change

cyda
Children and Young People
with Disability Australia

THERE ARE SOMETIMES
ASSUMPTIONS ON THE
SURFACE
UNDERNEATH SOMEONE
MIGHT ACTUALLY WANT TO
FLEE AS THEY ARE OVERWHELMED

THERE IS A
REAL NEED FOR
COMMUNICATION.
YOU NEED TO COMMUNICATE
AND ALSO LISTEN. IT GOES
BOTH WAYS.

PARENTAL
RESPONSIBILITY

EXTRA RESPONSIBILITIES
OF PARENTS AND CARERS
OF CHILDREN WITH DISABILITY

THE NDIS THROW OUT
THE TERM 'PARENTAL
RESPONSIBILITY' BUT
WHAT DOES THIS TERM
REALLY MEAN?

THESE ARE THE
THINGS WE SHOULD BE
SUPPORTED FOR BECAUSE
IT IS NOT PARENTAL
RESPONSIBILITY

YOU ARE JUGGLING

ALLIED
HEALTH
SUPPORT

TEACHER

SUPPORTWORKER

MULTIPLE JOBS
AT ONCE

NURSE

ADVOCATE

OVER TIME I HAVE
LEARNT THERE IS NO
CATCH-ALL. THERE IS A
DANGER TO THINK THERE
WILL BE A SERVICE OR
PERSON THAT CAN HELP WHEN
YOU REACH YOUR LIMIT, BUT
THERE ISN'T. I JUST HAVE
TO CARRY ON.

WHEN A CHILD IS FIRST
DIAGNOSED THERE IS
LOTS OF THINGS YOU NEED
TO LEARN AND GO THROUGH

THERE IS A GAP IN KEY
RESOURCES

YOUNGER
CHILDREN

TEENAGERS
AND YOUNG
ADULTS

CHILDREN
AGED 8-12

GENERAL
INFORMATION
IS HELPFUL IF YOU
ARE AT THE BEGINNING
OF DIAGNOSIS FOR
YOUR CHILD

IT'S HARD TO
GET SUPPORT
WITHOUT A
FORMAL DIAGNOSIS

THIS IS A
TRANSITION
PERIOD. WHAT
WILL HIGH SCHOOL
LOOK FOR MY
CHILD?

THERAPISTS SHOULD
TALK TO OUR CHILDREN
WITH RESPECT AND COMMUNICATE
WITH THEM SO THEY CAN UNDERSTAND

CONSIDER IF IT'S APPROPRIATE TO HAVE
MY CHILD IN THE ROOM FOR THE
CONVERSATION, ESPECIALLY IF IT IS
DEFICIT-BASED

MUM
DAD

SPEAKING TO ALL A CHILD'S
PARENTS - NOT JUST DEFAULTING
TO MUMS

SERVICE PROVIDERS
NEED TO BE MINDFUL
OF PARENT'S MENTAL
HEALTH AND
SUPPORT THEM BY

PROVIDE US WITH NOTES.
I DON'T REMEMBER STUFF
ANYMORE BECAUSE MY BRAIN
DOESN'T WORK LIKE IT USED TO

SUMMARY
ACTION
PLAN

OFFER CULTURAL SUPPORTS
FOR THOSE THAT MIGHT
NEED SUPPORT WITH
ENGLISH. I NEED TO
UNDERSTAND WHAT YOU ARE
SAYING ABOUT MY CHILD

SHARE THE LOAD.
I SHOULDN'T
HAVE TO ONLY ONE
FLAGGING CHANGES
IN MY CHILD IF YOU
SEE THEM EVERY
WEEK



ROLE
CLARITY.
FAMILIES
SHOULD KNOW
WHAT THEY
CAN EXPECT
FROM YOU

WE RELY ON
THERAPISTS TO
MAKE RECOMMENDATIONS
AND GIVE US DIRECTION

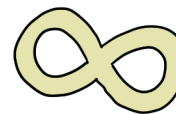
TEACH YOUR
KIDS THAT WHEN
SOMETHING DOESN'T
SEEM RIGHT IT MIGHT
NOT BE RIGHT



WE NEED TO BE
RESPONSIBLE FOR THE
INFORMATION WE GIVE
AND TELL OUR CHILDREN
NO CHILD SHOULD KNOW HOW
MUCH MONEY IS IN THEIR
NDIS PLAN, IT'S NOT
DEVELOPMENTALLY APPROPRIATE



MY CHILD ONLY HAS A
FEW WORDS, SO I DON'T KNOW
HOW SCHOOL IS FOR HIM
I CAN ONLY TELL HE'S OKAY
IF HE WANTS TO GO TO
SCHOOL



ALL AUTISTIC
NEEDS ARE
DIFFERENT BECAUSE
ALL AUTISTIC KIDS
ARE DIFFERENT



GRAPHIC RECORDING BY KAYGAN LANE

I HAD TO LEARN
HOW TO FAIL. I WAS
TRYING TO BE A SUPER-
PARENT ALL THE TIME
BUT IT'S OKAY TO NOT
BE STRONG, TO BE SAD,
TO BE EMOTIONAL. THAT'S
PART OF BEING HUMAN.

IT'S ABOUT
KNOWING WHEN
TO PAUSE, WHEN
TO STEP BACK BUT
ALSO WHEN TO
PUT YOURSELF OUT
THERE

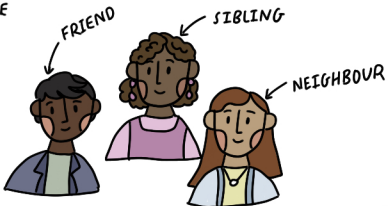


YOU NEED TO BE
WILLING TO ADAPT.
YOUR FAMILY CHRISTMAS
MIGHT NOT LOOK LIKE
THEY ONCE WERE
AND YOU NEED TO
FIND WHAT WORKS



DON'T TELL ME HOW
TO DEAL OR CURE WHAT
IS HAPPENING FOR MY
CHILD. I DON'T WANT
YOUR HERBAL
TEA AT ALL

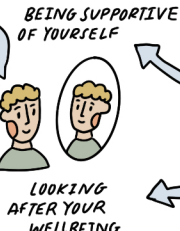
YOU NEED TO LEARN
WHO YOU CAN TRUST.
SOMETIMES MUM'S NOT
THE BEST PERSON TO ASK
FOR HELP, SOMETIMES
YOUR DAD IS NOT THE
BEST PERSON. YOU
FIND YOUR PEOPLE
THROUGH TRIAL AND
ERROR



ADVOCATING
FOR WHAT
YOU NEED

HAVING A
GOOD SUPPORT
NETWORK

LOOKING AFTER
YOURSELF
MEANS



BEING SUPPORTIVE
OF YOURSELF