

TAKING CHARGE OF CHANGE

YOUNG PEOPLE WITH DISABILITY AGED 13-17 YRS

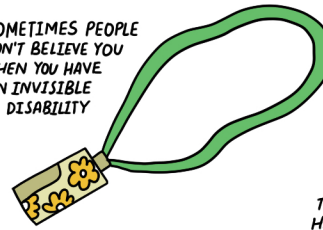


TUESDAY
9 JUNE
ABORIGINAL
LAND

IT'S BRUTAL AT
SCHOOLS WHEN THEY WON'T
LISTEN TO YOUNG PEOPLE
ABOUT THEIR DISABILITY



SOMETIMES PEOPLE
DON'T BELIEVE YOU
WHEN YOU HAVE
AN INVISIBLE
DISABILITY



THERE ARE SO MANY
WAYS TO COMMUNICATE
OTHER THAN SPEAKING
JUST TREAT PEOPLE
LIKE A PERSON

HOW PEOPLE REACT
TO ADVOCACY WHEN YOU
HAVE AN INVISIBLE DISABILITY
COMPARED TO A VISIBLE DISABILITY
IS SO DIFFERENT. WHEN YOU HAVE
A VISIBLE DISABILITY THEY CAN
CLEARLY SEE YOU HAVE
THAT

WE NEED TO PREPARE
YOUNG PEOPLE FOR WHAT
IT IS GOING TO BE LIKE
WHEN YOU ADVOCATE,
NOT JUST HOW TO DO
SELF-ADVOCACY

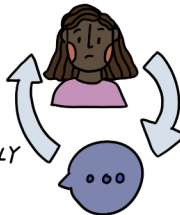


BEING DIRECT HELPS, FOR EXAMPLE
SAYING

I HAVE DIFFICULTIES
WITH LOUD NOISES,
CAN I WEAR MY
NOISE - CANCELLING-
HEADPHONES?

I HAVE
SENSORY
ISSUES

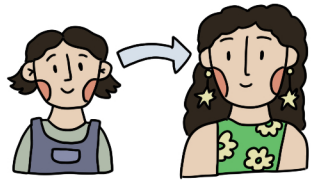
I DON'T LIKE
EXPLAINING
MYSELF OVER
AND OVER AGAIN
IT'S FRUSTRATING



THERE IS
AN ASSUMPTION
THAT NON-SPEAKING
PEOPLE HAVE AN INTELLECTUAL
DISABILITY

BECAUSE IT TELLS
PEOPLE WHAT YOU
NEED SPECIFICALLY

SUPPORTING SELF-ADVOCACY
AND RESPECTING AUTONOMY
IS IMPORTANT AS THE
PERSON UNDER YOUR
CARE GETS OLDER



LET YOUNG
PEOPLE DO STUFF
FOR THEMSELVES
DON'T BUBBLE
WRAP THEM FOR
THE REST OF THEIR
LIVES

FOR A LOT OF
YOUNG PEOPLE
WITH DISABILITY
LIFE IS GOING TO
LOOK DIFFERENT
THAN IT DOES FOR
MOST PEOPLE

LIFE AFTER
SCHOOL IS SO
DIFFERENT
TO LIFE AT
SCHOOL

SCHOOL IS THE
OPPOSITE OF
ACCESSIBLE
BECAUSE THEY
HAVE

NO FLEXIBILITY
NO TAKING A
BREAK
NO ABILITY TO DO SCHOOL
PART-TIME

EMPLOYMENT
IS MY CONCERN
BECAUSE THERE
IS NOTHING
REALLY TELLING US
HOW TO GET A JOB



IT'S FRUSTRATING
WHEN PEOPLE JUST
DO STUFF FOR YOU AND
ASSUME YOU CAN'T DO
IT JUST BECAUSE YOU
ARE DOING THINGS
SLOWER

WE FORGET SOMETIMES
HOW MUCH WE NEED
A GOOD SUPPORT
NETWORK UNTIL
YOU DON'T HAVE
ONE



ESPECIALLY
BEFORE YOU
MOVE OUT

IF A PARENT IS
NOT IN THE BEST
HEADSPACE IT MIGHT
CARRY ON TO THE
YOUNG PERSON

PARENTS CAN BE SO CONCERNED
ON HOW THEIR KIDS ARE
DOING THAT THEY
NEGLECT CARING FOR
THEMSELVES

YOUNG PEOPLE
NEED TO KNOW WHAT
WILL CHANGE WHEN
THEY GET OLDER

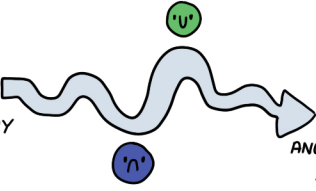
I JUST TURNED
EIGHTEEN SO I AM MEANT
TO TAKE OVER NDIS
MANAGEMENT AT SOME
POINT BUT I WISH I HAD
MORE INFORMATION. I
UNDERSTAND A LITTLE BUT
IT IS CONFUSING

NAVIGATING
GOVERNMENT
SERVICES IS
JUST HELL

HOW TRAUMA
AND DISABILITY
INTERSECT IS
SIGNIFICANT

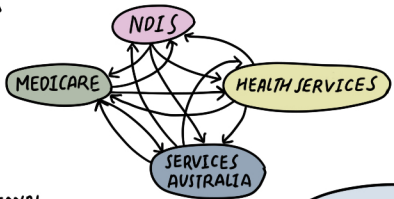


THE REALITY
OF LOSS IS
THAT YOU
CAN FEEL
GREAT ONE DAY



AND IT'S
ALL HILLS
ANOTHER DAY

YOU NEED BOTH
SIDES OF THE COIN



THE NDIS CAN
BE IGNORANT ABOUT
DISABILITIES

THERE IS A BIG
LACK OF TEACHING
KIDS TO NAVIGATE
THEIR OWN FUNDING
OR SUPPORT



THIS PODCAST WILL
BE UNDER THE
BANNER OF

LIVED
EXPERIENCE

PROFESSIONAL
EXPERIENCE

PARENTS
PREFER
PROFESSIONALS
BUT I FIND ADULTS
THAT HAVE GONE
THROUGH THAT MORE
HELPFUL

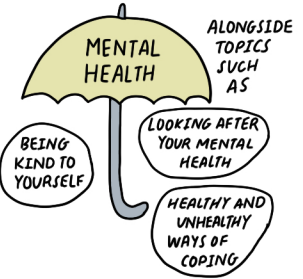
SOMETIMES WITH
PROFESSIONALS YOU
GET THE SAME
ADVICE

I WANT PEOPLE TO
KNOW THEY CAN DO THIS
EVEN IF IT'S HARD OR THEY
MIGHT NOT BE ABLE TO DO
EVERYTHING ALL THE TIME



HOUSING
IS A BIG
CONCERN FOR
ME

THERE IS
SO MANY THINGS
TO THINK ABOUT,
IT'S OVERWHELMING,
IT'S SCARY, IT'S UNCERTAIN
AND OFTEN YOU DON'T
KNOW WHAT IS
WAITING FOR YOU



CREATING A SENSE
OF SAFETY

GRAPHIC RECORDING BY KAYGAN LANE

Take Charge
of Change

cyda
Children and Young People
with Disability Australia